



Psychology-Art

presents

The Art of Allowing:

*Embracing the Wisdom of the
Creative Process*

A workshop by

Anne E. Quinlan, MA, ATR
Artist and Art Therapist
Twin Pixie Studios
U.S.A.

24-25 September 2010

Thessaloniki, Greece

Artwork by Anne E. Quinlan

The Art of Allowing will introduce the creative process as a tool to access inner wisdom, understanding, and fulfillment. A meditation inspired by the hero's journey will guide an exploration of personal myth. As your journey unfolds, you will discover the tools and strengths required to disarm your inner critic and thus claim your treasure. Journaling and art-making will record the story that emerges, and provide a point of departure for further exploration. By walking the path of the hero, you honor the unique beauty of your inner truth. This is your gift. By celebrating your gift, you will inspire others to do the same, opening the door to infinite possibility.

*We shall not cease from exploration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first time.*

T. S. Eliot

Registration fee: 200€. Seats are limited, and filled on a first-come first-serve basis. Contact:

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(For registration & Information)

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